



Assuage Spa Luxury

Fort Meyers' Top Five Best Spas

Billed as a holistic spa, Assuage uses ingredients such as citrus and goji in the facials. As far as treatments for the face go, you can also try the oxygen or pulse light photo facial. Guests can enjoy a number of body wraps here, including a popular one for cellulite. Want to rid your body of unwanted toxins but keep your clothing on? Try the ion foot detox, the only thing you'll have to take off is your shoes. Before or after your services, try the sauna and the eucalyptis steam shower. The menu of massages includes stones, bamboo and good ole strong hands. You can also find reiki treatments here.